

Course Description „Improved Reading Science“

Target Group

Everyone who has to read a great amount of scientific texts.

Scope

In total 12 hours of training which comprise

- 6 hours of Webinars
- 8 Units Online-Training (on an online training platform) - each about 45 minutes

Description – *Why should I attend this offer?*

This course is for you if you:

- Haven't practiced your reading skills with a systematic methodology after primary school.
- Sometimes feel overwhelmed by the amount of literature that you are supposed to read.
- Have troubles motivating yourself to start reading.
- Can't filter between important and unimportant information.
- Sometimes have problems to recall important information that you have read.
- Have to read texts more than once to understand the content.
- Feel stressed or exhausted by reading on screen.
- Are unhappy with the amount of time you need to invest into reading.

Objective

Read in a more efficient way – faster and with better comprehension.

Content

- Reading fast with a high level of comprehension.
- Strategies to approach different types of texts.
- Special Focus on the characteristics and complexity of scientific papers, and how to approach them.
- Advise and exercises to deal with the challenges of reading on screen.
- Ensuring the sustainable memorization of information.
- Filtering between important and unimportant information (even before reading a text).
- How to motivate to start reading.
- Discussing issues based on examples that participants provide the Trainer.

Measures to secure the sustainable transfer of taught knowledge/skills

- Practical exercises to ensure that all trained skills can be used immediately in everyday work situations.
- Transfer-impulses which accompany until 3 months after the training.
- All theoretical content is available after the training.
- Extensive Alumni Webpage with exercises and advise to use after the training.
- Refresher Webinars which are free of charge

Qualification of the instructor/coach

- 10 years of experience as reading Trainer
- Lecturer at Karlshochschule International University since 2019
- Great number of courses taught at several Universities (exp.: Tübingen, Würzburg, Freiburg...) and research facilities (exp.: Max-Planck, Fraunhofer...)